

# February 2018

## Lunch



### EAST AUSTIN MIDDLE/HIGH SCHOOL

| Monday  | Tuesday  | Wednesday   | Thursday  | Friday  |
|---|--|---|---|---|
| January 29, 2018  | January 30, 2018   | January 31, 2018  | February 1, 2018  | February 2, 2018  |
|   |  |   | *BREAKFAST FOR LUNCH*<br>CRISPY CHICKEN TENDERS ^<br>& WAFFLES ^<br>Wango Mango Juice<br>Diced Peaches<br>Syrup<br>Choice of Milk     | *NEW ITEM*<br>SOUTHWESTERN BLACK BEAN<br>& CHEESE BURRITO ^<br>Salsa Cup<br>Whole Kernel Corn<br>Fresh Orange<br>Choice of Milk |
| February 5, 2018  | February 6, 2018   | February 7, 2018  | February 8, 2018  | February 9, 2018  |
| POPCORN CHICKEN ^<br>French Fries<br>Orange Juice<br>Ketchup<br>BBQ Sauce<br>Choice of Milk           | *SPICE IT UP!*   | PEPPERONI PIZZA ^   | ROTINI BAKE   | *NEW ITEM*  |
|   | RANCH TURKEY BURGER<br>Hamburger Bun ^<br>Taco Beans<br>Pickle Chips<br>Mixed Fruit Cup<br>Chipotle Ranch<br>Ketchup<br>Choice of Milk             | Romaine Lettuce<br>Light Ranch Dressing<br>Fresh Banana<br>Choice of Milk   | WITH MEATSAUCE ^<br>Breadstick ^<br>Green Beans<br>Sliced Apples<br>Choice of Milk  | CHEESEBURGER FLATBREAD^<br>Whole Kernel Corn<br>Diced Pears<br>Choice of Milk   |
| February 12, 2018   | February 13, 2018  | February 14, 2018   | February 15, 2018   | February 16, 2018   |
| CRISPY CHICKEN TENDERS ^<br>Whole Kernel Corn<br>Mixed Fruit Cup<br>BBQ Sauce<br>Choice of Milk       | "NATIONAL PANCAKE DAY"<br>PANCAKES & SAUSAGE ^<br>Tropical Veggie Juice<br>Diced Peaches<br>Syrup<br>Choice of Milk                                | 3 CHEESE PANINI ^<br>French Fries<br>Fresh Baby Carrots<br>Light Ranch Dressing<br>Fresh Pear<br>Ketchup<br>Choice of Milk                      | TACO SCOOPS<br>Salsa Cup<br>Tortilla Chips ^<br>Refried Beans<br>Fresh Banana<br>Choice of Milk                                       | CHEESE PIZZA ^<br>Romaine Lettuce<br>Light Ranch Dressing<br>Orange Sorbet 100% Juice<br>Choice of Milk                         |
| February 19, 2018   | February 20, 2018  | February 21, 2018   | February 22, 2018   | February 23, 2018   |
| PRESIDENTS DAY  | *TRY IT TUESDAY!<br>CHICKEN NUGGETS<br>WITH POTATO ROUNDS ^<br>Sweet Maple Butter Carrots<br>Diced Pears<br>BBQ Sauce<br>Ketchup<br>Choice of Milk | CHARBROILED<br>HAMBURGER<br>Hamburger Bun ^<br>Whole Kernel Corn<br>Mixed Fruit Cup<br>Mustard<br>Ketchup<br>Sriracha Ketchup<br>Choice of Milk | *NATIONAL CHILI DAY*<br>VEGETARIAN CHILI<br>WITH BEANS<br>Corn Muffin ^<br>French Fries<br>Sliced Apples<br>Ketchup<br>Choice of Milk | PIZZA DIPPERS ^<br>Marinara Dipping Sauce<br>Celery Sticks<br>Light Ranch Dressing<br>Grape Juice<br>Choice of Milk             |
| February 26, 2018   | February 27, 2018  | February 28, 2018   | March 1, 2018   | March 2, 2018   |
| "FOOD FOCUS CHERRY"<br>COUNTRY CHICKEN COMBO ^<br>Diced Pears<br>Cherry Mini Loaf ^<br>Choice of Milk | HOT DOG W/<br>POTATO ROUNDS<br>Hot Dog Bun ^<br>Maple Baked Beans<br>Diced Peaches<br>Mustard<br>Ketchup (2)<br>Choice of Milk                     | PEPPERONI PIZZA ^<br>Green Beans<br>Blended Fruit Juice<br>Choice of Milk   |   |   |

ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF 1% AND FAT FREE MILK. \*\* MENU SUBJECT TO CHANGE \*\*

^ Denotes item is whole-grain/whole wheat

\*\*\* This institution is an equal opportunity provider.

Healthy!

www.PreferredMealsMenu.com



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